

## Lesson 10: Power to Live

**Memory Verse:** "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new." 2 Corinthians 5:17

### I. Can We Overcome Sin?

1. Is it possible to overcome sin on our own?

A. Jesus tells us in Matthew 19:26 "**With \_\_\_\_\_ this is \_\_\_ possible;**  
but with God all things are possible."

B. In John 15:5, He tells us: "I am the \_\_\_\_\_, ye are the \_\_\_\_\_: He  
that \_\_\_\_\_ in me, and I in him, the same bringeth forth much \_\_\_\_\_:  
**for without \_\_\_\_\_ ye can do \_\_\_\_\_.**"

**Note:** "Unless we become vitally connected with God, **we can never resist the unhallowed effects of self-love, self-indulgence, and temptation to sin.** We may leave off many bad habits, for the time we may part company with Satan; **but without a vital connection with God, through the surrender of ourselves to Him moment by moment, we shall be overcome.** Without a **personal acquaintance** with Christ, and a **continual communion**, we are at the mercy of the enemy, and shall do his bidding in the end." DA 324.1

2. What can we do with Christ?

A. Look again at Matthew 19:26: "With men this is impossible;  
**but with \_\_\_\_\_ all things are \_\_\_\_\_.**"

B. In Philippians 4:13 Paul says: "**I can do \_\_\_\_\_ things \_\_\_\_\_  
Christ which \_\_\_\_\_ me.**"

C. Jude 1:24-25 tells us: "Now unto him that is \_\_\_\_\_ to \_\_\_\_\_ you  
from \_\_\_\_\_, and to present you \_\_\_\_\_ before the  
presence of his \_\_\_\_\_ with exceeding \_\_\_\_\_, To the only  
wise God our \_\_\_\_\_, be glory and majesty, dominion and  
\_\_\_\_\_, both now and ever. Amen."

**Note:** "If we make an **entire surrender** to him, leave our life of sin and passion and pride, and **cling to Christ** and his merits, **he will fulfill to us what he has promised.** He says that he will give liberally to all who ask him. Cannot we believe it? I have tested him on this point, and know that he is faithful to fulfill all his promises." HS 135.1

3. What does Jesus say about our weaknesses? 2 Corinthians 12:9

"And he said unto me, My \_\_\_\_\_ is \_\_\_\_\_ for thee: for my  
\_\_\_\_\_ is made perfect in \_\_\_\_\_. Most gladly therefore will I rather  
glory in my infirmities, that the \_\_\_\_\_ of \_\_\_\_\_ may rest upon me."

4. Are there any exceptions in 2 Corinthians 9:8? YES NO

"And God is \_\_\_\_\_ to make \_\_\_\_\_ grace abound toward you; that ye,  
\_\_\_\_\_ having \_\_\_\_\_ sufficiency in \_\_\_\_\_ things, may  
\_\_\_\_\_ to \_\_\_\_\_ good work:"

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**Note:** "Each one will have a close struggle to overcome sin in his own heart. This is at times a very painful and discouraging work; because, as we see the deformities in our character, we keep looking at them, when we should look to Jesus and put on the robe of His righteousness. **Everyone who enters the pearly gates of the city of God will enter there as a conqueror, and his greatest conquest will have been the conquest of self.**" 9T 182.3

5. Is God able to fulfill His promises? Romans 4:21 "And being \_\_\_\_\_ persuaded that, what he had \_\_\_\_\_, he was \_\_\_\_\_ also to \_\_\_\_\_."

6. To whom are the promises of Revelation 2 and 3 made?

Revelation 2:7,11,17,26; 3:5,12,21 To him that \_\_\_\_\_

**Note:** "God has made **ample provision** for His people; and if they **rely upon His strength**, they will **never** become the sport of circumstances. The **strongest temptation** cannot excuse sin. However great the **pressure** brought to bear upon the soul, **transgression is our own act**. It is not in the power of earth or hell to compel any one to do evil. Satan attacks us at our **weak points**, but **we need not be overcome**. However severe or unexpected the assault, God has provided help for us, and in His strength we may conquer." PP 421.

### II. Power to Overcome

7. What does God promise us? Isaiah 41:10

☞ "Fear thou \_\_\_\_\_; for I am \_\_\_\_\_ thee:

☞ Be not \_\_\_\_\_; for I am thy \_\_\_\_\_:

☞ I will \_\_\_\_\_ thee;

☞ yea, I will \_\_\_\_\_ thee;

☞ yea, I will \_\_\_\_\_ thee with the right \_\_\_\_\_ of my righteousness."

8. What will He do for the weak? Isaiah 40:29-31

☞ "He giveth \_\_\_\_\_ to the \_\_\_\_\_;

☞ And to them that have \_\_\_\_\_ might he increaseth \_\_\_\_\_.

⚠ Even the \_\_\_\_\_ shall faint and be \_\_\_\_\_, [without Christ]

⚠ And the \_\_\_\_\_ men shall \_\_\_\_\_ fall: [without Christ]

☞ **But** they that \_\_\_\_\_ upon the Lord shall renew their \_\_\_\_\_;

☞ They shall mount \_\_\_\_\_ with wings as \_\_\_\_\_;

☞ They shall \_\_\_\_\_, and not be \_\_\_\_\_;

☞ And they shall \_\_\_\_\_, and not \_\_\_\_\_."

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9. How do we know God has such great power?

A. Colossians 1:16-17 **He** \_\_\_\_\_ **all things**.

"For by him were \_\_\_\_\_ things \_\_\_\_\_, that are in heaven, and that are in earth, \_\_\_\_\_ and \_\_\_\_\_, whether they be thrones, or dominions, or principalities, or powers: \_\_\_\_\_ things were \_\_\_\_\_ by \_\_\_\_\_, and for him: And he is \_\_\_\_\_ all things, and by \_\_\_\_\_ all things \_\_\_\_\_."

B. Ephesians 1:19-20 **He** \_\_\_\_\_ **Jesus from the** \_\_\_\_\_.

"And what is the \_\_\_\_\_ greatness of his \_\_\_\_\_ to us-ward who believe, according to the \_\_\_\_\_ of his \_\_\_\_\_ power, Which he \_\_\_\_\_ in Christ, when he \_\_\_\_\_ him from the \_\_\_\_\_, and set him at his own right hand in the heavenly places,"

10. What does this power do for us?

A. Nehemiah 1:10 He \_\_\_\_\_ us by His great \_\_\_\_\_.

B. Hebrews 7:25 He is able to \_\_\_\_\_ us [from our sins] to the \_\_\_\_\_. [completely, entirely, to the full end]

C. John 1:12 He gives us \_\_\_\_\_ to become the \_\_\_\_\_ of God.

D. Colossians 1:11 He \_\_\_\_\_ us with all \_\_\_\_\_ according to His glorious \_\_\_\_\_ so that we can have all \_\_\_\_\_ and \_\_\_\_\_ with \_\_\_\_\_.

11. What do we have to do to receive this power?

A. John 1:12 We must \_\_\_\_\_ Him into our hearts and \_\_\_\_\_ Him.

B. Hebrews 7:25 We must \_\_\_\_\_ to God through J \_\_\_\_\_

C. Isaiah 26:3 We must choose to keep our \_\_\_\_\_ stayed on Him. [to keep our thoughts on Him, not on the circumstances]

We must \_\_\_\_\_ Him with our lives. This brings perfect \_\_\_\_\_.

D. Ephesians 6:10 We must choose to be [abide] in the \_\_\_\_\_ of His \_\_\_\_\_. This will make us \_\_\_\_\_ in the Lord.

E. Isaiah 26:4 "T \_\_\_\_\_ ye in the Lord for \_\_\_\_\_: for in the Lord Jehovah is \_\_\_\_\_."

F. Isaiah 40:31 We must \_\_\_\_\_ upon the Lord. In other words we must come to Him in earnest prayer and ask Him for power to overcome.

12. Put these verses all together. What is my part?

I must C \_\_\_\_\_ to God through Jesus. Then I must B \_\_\_\_\_ Him and R \_\_\_\_\_ Him into my heart as ruler of my life. I must W \_\_\_\_\_ upon the Lord or come to Him in **earnest prayer** and ask Him for **power** to overcome. I must

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T\_\_\_\_\_ Him with my life always. I must choose to keep my M\_\_\_\_\_, or thoughts, stayed on Him. I must choose to be [abide] in the power of His M\_\_\_\_\_. This will make me strong in the Lord, for in the Lord Jehovah is everlasting S\_\_\_\_\_.

### III. How to Overcome

13. What 3 things does Jesus say we should do? Matthew 16:24

We should \_\_\_\_\_ self.

We should take up our \_\_\_\_\_.

We should \_\_\_\_\_ Him.

14. What does it mean to "take up your cross"?

A. 1 Corinthians 15:31 "I \_\_\_\_\_ daily."

B. Galatians 2:20 "I am \_\_\_\_\_ with Christ: nevertheless I live; yet \_\_\_\_\_ I, but \_\_\_\_\_ liveth in me: and the life which I \_\_\_\_\_ live in the flesh I live by the \_\_\_\_\_ of the Son of God, who loved me, and gave himself for me."

C. Galatians 5:24 "And \_\_\_\_\_ that are Christ's have \_\_\_\_\_ the \_\_\_\_\_ with the \_\_\_\_\_ and \_\_\_\_\_."

15. We die to SELF and live to Christ. We no longer live for self, but for Christ.

A. Galatians 2:20 "\_\_\_\_\_ liveth in me: and the life which I \_\_\_\_\_ live in the flesh I live by the \_\_\_\_\_ of the Son of God, who loved me, and gave himself for me."

B. Colossians 3:3 "For ye are \_\_\_\_\_, and your \_\_\_\_\_ is \_\_\_\_\_ with \_\_\_\_\_ in God."

C. 1 Peter 2:24 "Who his own self bare our sins in his own body on the tree, that \_\_\_\_\_, being \_\_\_\_\_ to \_\_\_\_\_, should \_\_\_\_\_ unto righteousness: by whose stripes ye were \_\_\_\_\_."

**Note:** "Sanctification is not the work of a moment, an hour, a day, but of a lifetime. It is not gained by a happy flight of feeling, but is the **result of constantly dying to sin**, and **constantly living for Christ**. Wrongs cannot be righted nor reformations wrought in the character by feeble, intermittent efforts. It is only by long, persevering effort, sore discipline, and stern conflict, that we shall overcome. ... Sanctification is the result of **lifelong obedience**." AA 560.3

16. Through what do we overcome the world?

A. 1 John 5:4 Christ's victory over sin becomes ours through \_\_\_\_\_.

**Note:** "When a man is **earnestly** engaged day by day in overcoming the defects in his character, **he is cherishing Christ in his soul-temple**; the light of Christ is in him. Under the bright beams of the light of Christ's countenance **his entire being becomes elevated and ennobled**. He has the peace of heaven in his soul. Many give loose rein to passion, avarice,

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selfishness, and deception, and all the time **excuse themselves** and lay the blame on the circumstances which brought around the trial to themselves. This has been your case. God permitted your surroundings to exist to develop character. But you could have made your surroundings; for **by resisting or enduring temptation, circumstances are controlled by the might of the will in the name of Jesus. This is overcoming as Christ overcame.** 'This is the victory that overcometh the world, even our faith.' " 4T 346.1

B. 1 Peter 1:5 We are kept from sin by the power of God through \_\_\_\_\_.

C. Revelation 12:11 We overcome by the \_\_\_\_\_ of Jesus  
and by the \_\_\_\_\_ of our \_\_\_\_\_  
and we choose rather to D \_\_\_\_\_ than to sin.

D. Romans 12:21 We don't allow E \_\_\_\_\_ to rule us. But we overcome evil with \_\_\_\_\_. We use the replacement principle. We replace the things that are wrong with something that is good and wholesome.

E. 2 Peter 1:4 We believe and trust and obey the precious \_\_\_\_\_ of God. These tell us that we can have Jesus living in our hearts and when He does, we have His \_\_\_\_\_ nature living out His life in our human body. When Christ lives His holy and righteous life in us, we will escape the \_\_\_\_\_ that is in the world through \_\_\_\_\_." [the longing for what is forbidden]

**Note:** "'The prince of this world cometh,' said Jesus, 'and hath nothing in Me.' There was in Him **nothing that responded to Satan's sophistry.** He did not consent to sin. Not even by a thought did He yield to temptation. **So may it be with us.** Christ's humanity was united with divinity; He was fitted for the conflict by the indwelling of the Holy Spirit. And He came to make us partakers of the divine nature. **So long as we are united to Him by faith, sin has no more dominion over us.** God reaches for the hand of faith in us to direct it to lay fast hold upon the divinity of Christ, that we may attain to perfection of character. ST, August 23, 1905 par. 6

"And how this is accomplished, Christ has shown us. By what means did He overcome in the conflict with Satan? – **By the Word of God.** Only by the Word could He resist temptation. 'It is written,' He said. And unto us are given 'exceeding great and precious promises, that **by these** ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.' **Every promise in God's Word is ours.** 'By every word that proceedeth out of the mouth of God' are we to live. When assailed by temptation, look not to circumstances or to the weakness of self, but to the power of the Word. All its strength is yours. 'Thy word,' says the psalmist, 'have I hid in mine heart, that I might not sin against Thee.' [Psalm 119:11] 'By the word of Thy lips I have kept me from the paths of the destroyer.' [Psalm 17:4]" ST, August 23, 1905 par. 7

17. What happens when we become Christ's?

A. 2 Corinthians 5:17 We become \_\_\_\_\_ creatures. The \_\_\_\_\_ things, the old way of living, disappear, and \_\_\_\_\_ things become \_\_\_\_\_.

B. 2 Corinthians 10:4-5 Through the W \_\_\_\_\_ which Christ gives us, Satan's strong \_\_\_\_\_ in our lives are pulled \_\_\_\_\_ and all the imaginations and high things that take the place of the \_\_\_\_\_ of God in our minds are cast \_\_\_\_\_ and every \_\_\_\_\_ is brought into \_\_\_\_\_ to Jesus Christ.

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C. Philippians 2:5-8 We learn to think about things the same way that \_\_\_\_\_ does. How does He think about things? Even though He was really equal with \_\_\_\_\_, He became a S\_\_\_\_\_ and H\_\_\_\_\_ himself and was O\_\_\_\_\_ unto death. He was willing to die for us on the C\_\_\_\_\_.

**Note:** "Lowliness of heart, that meekness which is the fruit of abiding in Christ, is the true **secret of blessing**. 'He will beautify the meek with salvation.' ... It was through the desire for self-exaltation that sin entered into the world, and our first parents lost the dominion over this fair earth, their kingdom. It is **through self-abnegation** that Christ redeems that which was lost. And He says we are to overcome as He did. Through **humility and self-surrender we may become heirs with Him**, when the 'meek shall inherit the earth.'" SD 303.5

D. Ephesians 3:16-20 When His S\_\_\_\_\_ dwells in us we are strengthened with \_\_\_\_\_ in the inner man, our characters.

When Christ dwells in our \_\_\_\_\_ by \_\_\_\_\_, we will be \_\_\_\_\_ and grounded in \_\_\_\_\_.

We will be better able to comprehend what is the B\_\_\_\_\_, and \_\_\_\_\_, and D\_\_\_\_\_, and \_\_\_\_\_, and to \_\_\_\_\_ the \_\_\_\_\_ of Christ.

When we learn to K \_\_\_\_\_ the love of Christ in our experience, we will become \_\_\_\_\_ with all the \_\_\_\_\_ of God. Christ is dwelling in us and we are partakers of the divine nature.

We will realize that He is A \_\_\_\_\_ to do, not just what we ask Him, but

E\_\_\_\_\_

A\_\_\_\_\_

A\_\_\_\_\_

A \_\_\_\_\_ that we ask Him for or think of

because His P\_\_\_\_\_ which is working in us is so great.

E. Jude 1:24 Therefore, He is fully A \_\_\_\_\_ to \_\_\_\_\_ us from \_\_\_\_\_ into any kind of sin and to present us \_\_\_\_\_ before the presence of God.

**Note:** "I make an **appeal to the youthful disciples of Christ** to arouse, no longer to indulge in pleasure-seeking, in self-love and ease; no longer be controlled by inclination, and by the lusts of the carnal heart. **Do not settle down in Satan's easy-chair**, and say that there is no use, you cannot cease to sin, that there is no power in you to overcome. There is no power in you apart from Christ, but **it is your privilege to have Christ abiding in your heart by faith, and he can overcome sin in you, when you cooperate with his efforts, putting your will on the side of God's will**. He says, 'I have overcome the world.' In him you lift up the banner as one who conquers. 'We are more than conquerors through him that loved us.' **You may have a constant testimony in your life to the power of the grace of Christ**, and may understand what are the operations of the Spirit of God. You may be living epistles, known and read of all men. You are not to be a dead letter, but a living one, **testifying to the world that Jesus is able to save**." YI, June 29, 1893 par. 8